

QUESTIONS & ANSWERS

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Medical

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Question: 192

A resident whose spouse has recently died cries frequently. What should the nursing assistant do?

- A. . Change the subject.
- B. . Introduce them to the other available residents on the unit.
- C. . Stay and listen to the resident as much as possible.
- D. . Tell the resident that things will get better over time.

Answer: C

Explanation:

Sitting and listening to the resident conveys caring and empathy. Changing the subject (A), introducing him or her to the other available residents on the unit (B), and telling him or her things will get better over time (D) do not respect the resident's feelings and will close off effective communication with the resident.

Question: 193

Which of the following best defines what an ombudsman is?

- A. D. . union representative
- B. . A nurse representative who assures quality care
- C. . A person appointed by the court to handle an estate
- D. . A union representative

Answer: A

Explanation:

An ombudsman is the person who represents a resident and investigates complaints. A nurse representative who assures quality care (B) is the quality care manager. A person appointed by the court to handle an estate (C) is a guardian. A union representative (D) helps the employees not the residents.

Question: 194

A nursing assistant is assigned to give a shower to a resident and he refuses. Which is the best action of the nursing assistant?

- A. . Insist that that the shower needs to be done now.
- B. . Tell the resident you will give him five minutes and then you will return to perform the
- C. . Do not force or insist the task be done, but uphold the resident's right to refuse care.
- D. . Shame the resident into letting the procedure be performed.

Answer: C

Explanation:

A resident has a right to refuse care. The nursing assistant should respect that right and also let the nurse know the resident refused. Insisting (A), issuing mandates (B), or shaming the resident (D) does not respect the resident's wishes.

Question: 195

Which of the following is not a healthy way for a nursing assistant to reduce stress in his or her life?

- A. . Get plenty of rest and eat a balanced diet.
- B. . Get involved in a new hobby.
- C. . Go out several times a week for drinks after work.
- D. . Exercise several times a week.

Answer: C

Explanation:

Alcohol is not a stress reducer. Overindulging in food or alcohol might seem to reduce stress at the time but in the long run it adds to it. Getting plenty of rest and eating a balanced diet (A), getting involved in a new hobby (B), and exercising several times a week (D) are recommended to reduce stress.

Question: 196

If a resident's family becomes angry at the nursing assistant, what action should the nursing assistant take?

- A. . Tell the family member it is not your fault.
- B. . Quickly walk away.
- C. . Tell them you do not have to stand for this behavior.
- D. . Stay calm and inform the nurse caring for the resident.

Answer: D

Explanation:

Stay calm and report the behavior to the nurse caring for the resident. Any other action could escalate the anger or you might respond in an unprofessional manner. The scene might also upset the resident.

Question: 197

The cashier at the grocery store knows you work at the long-term care facility and inquires about a resident. Which of the following is your best response?

- A. . She is doing great; you should come by and visit her.

- B. . I know her daughter shops here; you should ask her how her mom is doing.
- C. . The facility has a policy that we are not allowed to talk about the residents.
- D. . It is the right of every resident to confidentiality. I would not want to ignore that right

Answer: D

Explanation:

The best response is to remind inquiring persons about the resident's right to confidentiality. The responses, "She is doing great; you should come by and visit her." (A) and "I know her daughter shops here; you should ask her how her mom is doing." (B) are a violation of the resident's right to confidentiality. The response, "The facility has a policy that we are not allowed to talk about the residents." (C) places the facility at blame when it is truly the rights of the resident

Question: 198

A nursing assistant is overheard telling a resident that the nurse caring for her is not a good nurse. The nursing assistant could be charged with which of the following?

- A. . Slander
- B. . Malpractice
- C. . Negligence
- D. . Assault

Answer: A

Explanation:

Slander is making a false accusation of someone that injures his or her character or reputation. Malpractice (B) is the break in a standard of care or standard of practice by a member of a profession. Negligence (C) is the failing of someone to act or acting in a way that injures someone. Assault (D) is threatening to harm someone or leading someone to believe you will harm them.

Question: 199

Which of the following is a sign that a resident is being physically or verbally abused?

- A. . Daughter discussing changes in care with her mother
- B. . Withholding the resident's sleeping medication because the resident would not take bath
- C. . Son does not return his father for several hours whenever they go out to lunch
- D. . The wrong medication is given to a resident

Answer: B

Explanation:

Withholding medication as a form of punishment is considered abuse. A daughter discussing changes in care with her mother (A) or a son who does not return his father for several hours whenever they go out to lunch (C) are not signs of physical or verbal abuse. Giving the wrong medication to a resident (D) is an example of malpractice if the

resident is harmed by the error.

Question: 200

Elastic stockings are applied to the resident's legs to help reduce venous stasis. Which of the following is a critical step to remember with the application and monitoring?

- A. . Pull the stocking up smoothly over the legs.
- B. . Make sure that the stockings are wrinkle free at all times.
- C. . Support the resident's foot at the heel.
- D. . Slip the stockings over the toes before the heel.

Answer: B

Explanation:

The stocking needs to be wrinkle free to prevent discomfort and the possibility of pressure ulcers from the wrinkles. Pulling the stocking up smoothly over the legs (A), supporting the resident's foot at the heel (C), and slipping the stockings over the toes before the heel (D) are all correct actions but are not critical steps.

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